

Challenge TDT

Transfusion-Dependent β -Thalassaemia (TDT) is a Severe Genetic Disease That Impacts Patients for Life^{1,2}

KEY POINTS

Transfusion-Dependent β -Thalassaemia (TDT) is the most severe form of β -thalassaemia, characterised by severe anaemia resulting from ineffective erythropoiesis and haemolysis.¹

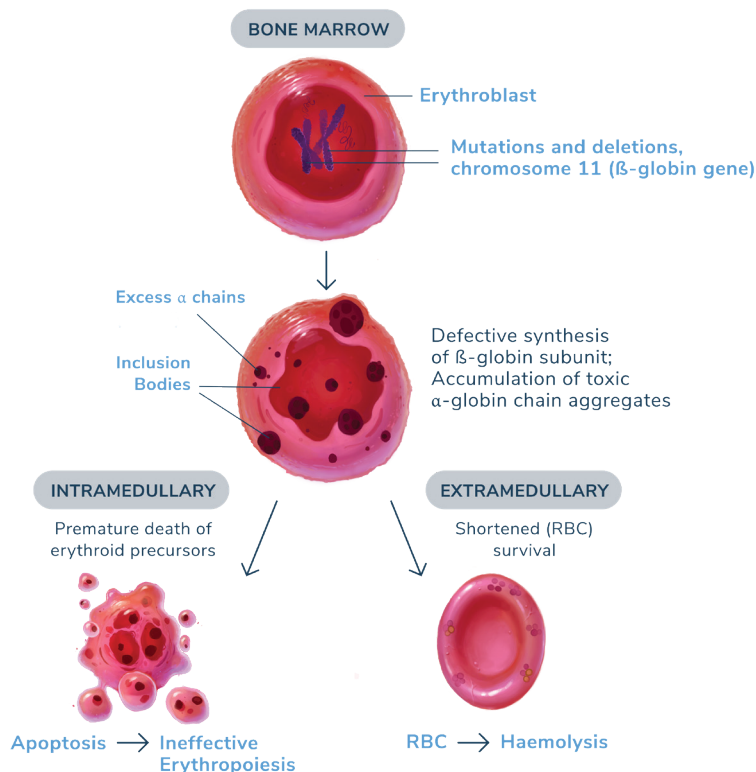
Red blood cell transfusions correct the anaemia and enable survival, but lead to iron overload and associated complications.¹

Available treatment options for TDT are lifelong chronic transfusions with iron chelation or allogeneic haematopoietic stem cell transplant (HSCT).¹

REFERENCES:

- Guidelines for the Management of Transfusion Dependent Thalassaemia (TDT). 3rd ed. *Thalassaemia International Federation*. 2014. ISBN-13:978-9963-717-06-4.
- Baronciani D, Angelucci E, Potschger U, et al. Hematopoietic stem cell transplantation in thalassemia: a report from the European Society for Blood and Bone Marrow Transplantation Hemoglobinopathy Registry 2000–2010. *Bone Marrow Transplant*. 2016;51(4):536-541.
- Rachmilewitz E, Giardina P. How I treat thalassemia. *Blood*. 2011;118(13):3479-3488.

HOW IT HAPPENS: Ineffective Erythropoiesis and Haemolysis in β -Thalassaemia³



Adapted from Rachmilewitz E, Giardina P. How I treat thalassemia. *Blood*. 2011;118(13):3479-88.